

# Lunch

11 am - 2 pm

DF = Dairy-Free    WF = Wheat-Free    V = Vegetarian

AVAILABLE ON MIXED GREENS OR WHEAT-FREE BREAD (\$2.5).  
SERVED WITH HOUSE-MADE PICKLE AND MIXED GREENS.\*

\*Greens and pickle not served to-go unless specified.

## SANDWICHES - COLD OR HOT, JUST ASK!

GUISEPPE.....\$9

FOCACCIA, CHICKEN BREAST, GORGONZOLA AIOLI, MARINATED TOMATO, GREENS,  
DAILY'S SMOKED BACON

ENDO.....\$9

BIRDMAN, SMOKED HAM, HORSERADISH AIOLI, DIJON, SWISS CHEESE, GREENS,  
TOMATO, PICKLED SHALLOT

SCHWINN.....\$9

BIRDMAN, TARRAGON & GRAPE CHICKEN SALAD, DRESSED GREENS, PECANS,  
TOMATO

## WRAPS

TANDEM | V.....\$8

RED PEPPER TORTILLA, SHREDDED VEGGIE BLEND, CUCUMBER, ROASTED RED  
PEPPER, CARROT, ROASTED BEET, AVOCADO, MIXED GREENS, CHARRED LEMON  
VINAIGRETTE

TREK | V.....\$9

RED PEPPER TORTILLA, GORGONZOLA, BUFFALO SAUCE,  
CELERY, SHALLOTS, GREENS

\*CHOICE OF SHREDDED CHICKEN OR CRISPY TOFU



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## SALADS

D&B | WF, V.....\$7

MIXED GREENS, CARROT, CUCUMBER, TOMATO, GOAT CHEESE, TAMARI BALSALMIC VINAIGRETTE

\*ADD SHREDDED CHICKEN \$3

COBB | WF.....\$9

GREENS, SHREDDED CHICKEN, HARD BOILED EGG, DAILY'S BACON, AVOCADO, GORGONZOLA, MARINATED TOMATO, BLUE CHEESE DRESSING

CAPRESE | WF.....\$9

MIXED GREENS, TOMATO, BASIL, MOZZARELLA PEARLS, BALSAMIC REDUCTION, EXTRA VIRGIN OLIVE OIL

## BOWLS

GRAND TOUR | V.....\$9

BROWN RICE, BEET, CARROT, FENNEL, ORANGE, SHREDDED VEGGIE BLEND, PISTACHIO, COTTAGE CHEESE, CHARRED LEMON VINAIGRETTE

## SOUP DU JOUR

A ROTATING SELECTION OF OFFERINGS. ALL MADE FROM SCRATCH

CUP.....\$4

BOWL.....\$6

KEEP THE WHEELS  
TURNING ALL DAY LONG.

